

# Sycamore Lane Elementary School

We hope you find this information useful. We look forward to a productive and successful year.

Thank you in advance for your support.

If you have any questions, please contact your child's teacher.

- Sycamore Lane Elementary School Staff



## Literacy Tips

Using a few simple reading strategies will make a significant difference in helping children develop into writers.

- **Read from a variety of sources:** Reading and writing are linked. Success in one area supports success in the other. Read stories, newspapers, advertisements, instructions, etc. to your child every day and then discuss what you have read.



## Math Tips

Using a few simple strategies will make a significant difference in helping children develop math skills.

- **Start Easy and Work Up!** Once they have the hang of counting by 1s, introduce skip counting, such as counting by 2s and 5s.
- **Use household items for counting practice.** Practice adding and subtracting with objects around your house like spoons or pots/pans. Once they are good at these skills, move on to simple multiplication.



## Student of the Month Assemblies:

Our next Student of the Month Assembly will be Friday, **January 26<sup>th</sup>, 2024, at 1:00 p.m.**, in our school gymnasium. Grade 3/4 Hearn will be presenting on the theme of **"Determination"**. Students selected as recipients for this month will be students who consistently demonstrate determination around our school.



## Healthy Living Tips:

**Helpful tips for a healthy 2024!**

- **Eating fruits for snacks.**

When you or your children feel like snacking, try grabbing a piece of fruit instead of chips or cookies. Like vegetables, fruits are high in antioxidants and fiber and low in calories. To make it fun, use low-fat yogurt as a dip. This way you'll get some calcium as well as protein, which helps in making you feel full longer.